



age & opportunity

ON TRACK

Turning Retirement into Active Citizenship

Somebody really should do something!

Ireland needs people who can make a difference in their communities. Now that you have retired, you could be that person. What you have learned over the years could be the missing piece that your community needs. Could you make the difference? How would you know? Where would you start?

On TRACK: Turning Retirement into Active Citizenship is a course to help you discover how to work for change in your community.

What does the course cover?

The course will be tailored to the interests of the people who take part but it aims to cover:

- What community development means
- Working together as members of groups
- Analysing issues to solve problems
- Community organising

Am I the right person?

The course is suitable for anyone who has an interest in contributing to their community.
No previous experience necessary.

For more details, contact:
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