

You are invited to join Co Wexford Age Equality Network & Wexford Local Development at:

The Right To Hope & Dream 2012

Active Citizenship As We Age Conference

Tuesday, 22nd May 2012

Riverside Park Hotel, Enniscorthy, Co. Wexford

PROGRAMME

9.30am	Registration Tea/Coffee/Scones
10.00am	Welcome Address <i>Seán Kinsella, Chairman, Co Wexford Age Equality Network</i>
10.20am	Transition Years Get Vocal Presentation by Cassie O'Leary, Coláiste Bride, Enniscorthy & Joe Byrne, Good Counsel College, New Ross. Written by Eva Farrell, Loreto Secondary School, Wexford
10.30am	Round Table Discussion Facilitated discussion looking at the viewpoints of younger and older generations and how we can encourage solidarity between generations here in Co. Wexford
10.50am	Feedback Session
11.10am	EY 2012 <i>Ronan Toomey</i> National Co-ordinator for the European Year for Active Ageing & Solidarity between Generations 2012
11.30am	Tea/Coffee & Networking Break An opportunity to take a tour of Bealtaine Exhibits and Information Stands
12 noon	From Three to Eighty-three <i>Clonroche Community Playgroup & South End Family Resource Group, Wexford</i> A special Bealtaine performance with pre-schoolers, transition year students and older people performing some family favourites together

12.15pm	Keynote Address <i>Kathleen Lynch T.D., Minister for Disability, Equality, Mental Health & Older People</i>
12.40pm	WLD address <i>Brian Kehoe, CEO, Wexford Local Development</i>
1pm	Lunch in The Moorings Restaurant
2pm	We Are The Angels <i>Respond Get Vocal Project, Waterford</i> This men's group have produced an award winning short drama in the medium of shadow puppetry dealing with some of the issues facing older men in Ireland today
2.20pm	Intergenerational Projects <i>Kieran Donohoe, CEO, Ferns Diocesan Youth Service</i> How younger and older people come together to learn from each other in more ways than one
2.30pm	Active Citizenship As We Age Workshops <i>Kevin Molloy, Vice-Chairman, Co Wexford Age Equality Network</i> Participants choose one of the four workshops to attend. Organisations are encouraged to have their delegates attend different workshops to each other Workshops are located in the Conference Main Hall, The Outer Lobby of the Conference Hall & The Spencer Suite (2 nd floor via lift)
	Get Active <i>Enniscorthy Community Services Council and Circle of Friends, Kilmuckridge</i> Each of the four workshops will start with a short exercise session to beat the afternoon slump led by PALs (Physical Activity Leader)

Workshop 1: Men Don't Talk Face To Face; They Talk Shoulder To Shoulder

This workshop will explore how we can support older men to become more active in our local communities to improve/maintain their health and well-being. Whether you are involved in a men's group, men's shed or interested in starting one - your contribution to this group will be welcome. Women are, of course, allowed to attend!

Location: Top Part of Main Conference Hall

Facilitated by Conor Dervan, Irish Men's Sheds Association with Maria Nolan of the GAA Social Initiative/WLD Board Member

Workshop 2: What Kind Of Old Do You Want To Be?

Celebrating Creativity As We Age

Creative activity gives us the chance to unlock hidden talents, can be a source of joy, fulfilment and involvement. Be it through song, drama, art, dance, film, poetry, music, craft, photography – the list is endless. This workshop will celebrate creativity, inspire us and look at how we in Wexford can bring different generations together through vision and creativity

Location: Upstairs, Spencer Suite. Take the Lift to 2nd Floor

Facilitated by Ciarán McKinney, Director of Development, Age & Opportunity, with Orlaith Rowe, WLD

Workshop 3: Caring In Our Communities

By popular demand - An information sharing workshop to look at how local community day care centres, meals on wheels and day centres can link up effectively at local level to support older people to age well at home and continue to play a vibrant part in their communities. We will look at practical ways that local groups can collaborate for mutual benefit and improvement of activities/services.

Location: Bottom Part of Main Conference Hall

Facilitated by Linda Ryan of St. Louis Day Care Centre, Ramsgrange, with Carsten Kohl, Senior Case Worker Protection Service for Older People, HSE

Workshop 4: Getting Vocal

Co Wexford Age Equality Network works towards making the voice of older people in Co. Wexford heard. This workshop will be facilitated by an On TRACk (*Turning Retirement Into Active Citizenship*) facilitator and by our Media Working Group. It will feature practical exercises such as writing a letter to a newspaper editor, taking lobbying action and working for change. A great way to get involved in action to improve the future for all generations!

Location: Foyer, outside Main Conference Hall

Facilitated by Ann Dunne, On TRACk facilitator with Seán Dillon, Older & Bolder

Feedback Session & Concluding Address

4pm

Close

Notes:

